

Cleburne Local Mental Health Resources

Name	Type	Ph. Number	Address	Website	Description
ACH Child & Family Services	Counseling	(817) 335-4673	3712 Wichita St. Fort Worth, TX 76119	www.achservices.org	Youth & Family counseling. Youth & Parent skill building classes. Individual counseling 0-17 years & skills group counseling. Cleburne office.
Burns-Lily & Associates	Counseling	(817) 645-3328	1011 Granbury Cleburne, TX 76033	www.burnslilyandassociates.com	psychological evaluations and counseling services.
Excel Center (Millwood)	Partial Hospitalization (PHP) & Intensive Outpatient Program (IOP)	(817) 335-6429	1220 West Presidio Pkwy. Fort Worth, TX 76102	www.theexcelcenter.com	Day treatment center for children/ adolescents 5-18. Includes psych evaluations, medication management, group therapy, CD Education (12-18).
Hickory Trail Hospital	Full Hospitalization, Partial Hospitalization (PHP), & Intensive Outpatient Program (IOP)	(972) 298-7323	2000 Old Hickory Trail Desoto, TX 75115	www.hickorytrail.com	Behavioral health hospital. Children's unit (5-12) and Adolescent unit (13-17, including substance abuse treatment). Adult & geriatric psych unit. Includes Full hospitalization, Partial Hospitalization program (PHP), Intensive Outpatient Program (IOP) for chemical dependency.
Huguley Psychotherapy Clinic	Counseling	817-558-2988	214 N. Caddo St. Cleburne, TX 76031	https://www.hpcnow.net/index.html	Counseling for children/adolescents. Court ordered assessments. Drug & alcohol counseling, anger management.
Innovations (Mesa Springs)	Partial Hospitalization (PHP) & Intensive Outpatient Program (IOP)	(817) 841-8002	6421 Camp Bowie Blvd. Ste. 200 Fort Worth, TX 76116	www.mesasprings.com	Child & adolescent day program. Provides services for depression, anxiety, risk behaviors, defiance, low self-esteem, social skills, self-harm. Includes Partial Hospitalization Program (PHP) and Intensive Outpatient Program (IOP). Provides academic instruction K-8 and an accredited HS program through Cassata HS.
Mesa Springs	Full Hospitalization, Partial Hospitalization (PHP), & Intensive Outpatient Program (IOP)	(817) 292- 4600	5560 Mes Springs Dr. Fort Worth, TX 76123	www.mesasprings.com	Adolescent services include, eating disorders, anxiety disorders, borderline personality disorder, major depression, obsessive compulsive disorder, bipolar disorder, ADHD, antisocial personality disorder, insomnia, psychosis, suicidal behavior, stress & anxiety. Free assessments. Full continuum of services from full hospitalization, partial hospitalization (PHP) and Intensive Outpatient Program (IOP).
Millwood	Full Hospitalization, Partial Hospitalization (PHP), & Intensive Outpatient Program (IOP)	(817) 261-3121	1011 N. Cooper St. Arlington, TX 76011	www.millwoodhospital.com	24/7 Free psych evaluations. Includes chemical dependency, anxiety, depression. Children's services include withdrawal, temper tantrums, & aggression. Trauma services.
Mind Above Matter	Intensive Outpatient Program (IOP) & Counseling	(817) 447-3001	2915 Burleson Blvd. Burleson, TX 76028	www.mindabovematter.com	Burleson/ Keller based outpatient program. Includes family counseling, medication management, trauma intervention, and intensive outpatient options.
Pecan Valley (MHMR)	Counseling	(817) 558-1121	1601 N. Anglin Cleburne, TX 76031	www.pecanvalley.org	Mental health services for children & Adolescents. Includes counseling, case management, psych evaluation, medication training, behavior skills training, parent skills training. Sliding fee scale. Referrals to PHP & IOP programs.
Pecan Valley Crisis Services	Mobile crisis outreach	1-800-772-5987	1601 N. Anglin Cleburne, TX 76031	https://www.pecanvalley.org/crisis-services	crisis staff serve any person experiencing, or at risk of, psychological crisis or who requires mental health intervention. Crisis staff also provide follow up support.
Suicide Prevention Lifeline	Hotline	1-800-273-8255	National	https://suicidepreventionlifeline.org/	24/7 hotline that offers free, confidential support for people in distress, prevention & crisis resources for you or your loved ones
Trinity Springs (JPS)	Full Hospitalization	(817) 927-3636	1500 S Main St Fort Worth, TX 76104	www.jpshealthnet.org	24 psychiatric emergency room. Crisis stabilization, short-term treatment for adolescents 13-17.