

# School Health Advisory Council November 16, 2016 MINUTES

Laura Steele, SHAC Chairperson, called the meeting to order and welcomed all members at 12:03 pm. Members present: Tammy Bright, Lisa Magers, Kim Chance, Pam Lea, Katie Cunningham, Christi Gregory, Teresa Morton, Jason Middleton, Shelbie Norton, Laura Steele, Ann Mathis, Georgina Borden, Cynthia Ramirez, Sara Malone, Shanna Walker, Ann-Katherine King, Dianne Packwood, Brenda Opela, Garrison Brady, Cassidy Martyniuk. Guests: Wayland White and Forby Philips

### Approval of April 20, 2016 minutes

O Lisa Magers made motion to approve; Brenda Opela seconded; motion carried.

#### New PE Class: Outdoor Adventures – Wayland White

- O Working on making this class since 2012
- Funding from Cleburne Education Foundation (CEF)
- Certifications were needed
- Great curriculum
- O Started with 10 students; now have 30
- O Have equipment for 20
- o Forby Philips, student enrolled in this class, demonstrated how to fish
- Often ties activities to life problems
- Working on Hunter Safety
  - \$15.00 for course
  - \$5.00 goes to the state/ \$10.00 to the program
- Focus on doing activities outside for long periods of time with siblings as well as family to promote unity
- Would like to have introduction courses at our Middle Schools
- Hopefully have I and II at CHS
- There are currently four (4) sections
- Committee participated in an activity

## Handwashing Protocol - Christi Gregory

- O Committee viewed the two (2) videos shown in every class in CISD PK-12
- Offered flu shots in October
- Keep an eye on attendance
  - 3 in a class with fever for elementary
  - 10% in grade level for secondary

## Wellness Plan Update

Still working on this policy

Meeting adjourned at 12:44 pm