

School Health Advisory Council

September 16, 2015

MINUTES

- Tammy Bright called the meeting to order and welcomed all members at 12:15 pm. Everyone introduced themselves. Tammy explained what SHAC stood for and the duties of the committee.
- Members present: Tammy Bright, Lisa Magers, Katie Cunningham, Kim Chance, Christi Gregory, Teresa Morton, Jason Middleton, Shelbie Norton, Melissa Chumley, Belen Morgan, Ashley Evertson, Miriam Gomez, Amy Tennison, Kacie Brooks, Ann-Katherine King, Kim Crawford, Brent Shields, Brenda Opela, Alice Vidaurri, Victoria Childress, Garrison Brady, Renea Hipp, Blake Glenn, Barry Hipp
- Melissa Chumley served as the Committee Chair last year, but declined this year as she is Committee Chair of another committee. Kacie Brooks volunteered to fill that position. Teresa Morton made a motion to accept Kacie Brooks as Committee Chair; Amy Tennison seconded; motion carried.
- Approval of April 15, 2015 minutes
 - Lisa Magers made motion to approve; Katie Cunningham seconded; motion carried
- Discussion of Wellness Policy
 - Many amendments have been done since 2006
 - Child Nutrition is only one part of the Wellness Policy
 - Nutritional guidelines, physical activity such as the Mighty Milers and school based activities such as clubs are included in the policy
 - Tammy would like to include Worth the Wait Program, Head Lice and Bed Bug Policy
 - Wellness Watch: A nutritional bulletin with information for staff, parents and students
 - Kim Chance keeps Nutrition News on the Child Nutrition website she keeps updated every 2 months with tips on nutrition
 - Lisa Magers will FaceBook, Tweet and get the website link in Weekly Update to make our parents aware of the information
- Discussion of Bed Bugs
 - Would like SHAC to come up with some guidelines for bed bugs
 - Up North there are extravagant guidelines in place
 - It's a social problem-not a medical problem
 - Bites may be an indication of bed bugs
 - Need all campuses to adopt the same guidelines
 - Do students stay at school if bug is found on person?
 - At this time, they are sent home
 - Bed bugs do not usually "live" at school-they are referred to as "hitch hikers"—they often get into backpacks
 - Can live 6-8 months without a host-bugs live by feeding on people and animals
 - CISD has not had an infestation, only a single bug
 - #1 thing in all literature says: Don't panic
- Miscellaneous topics discussed
 - Bullying Protocol
 - ✓ Tammy gave examples of what is actually considered bullying-there are steps to be taken
 - ✓ Trying to be proactive
 - ✓ Social media is the most form of bullying
 - ✓ Children's Advocacy has started a website: B4Uclick.org
 - ✓ Plan is to work with high school groups such as Student Council and the Leadership Class to talk to the Middle Schools
 - ✓ The protocol will be a topic for next month's meeting

Meeting adjourned at 1:07 pm